



**16TH ANNUAL
Sunset House 5K Run and Fitness Walk
Saturday, May 26, 2018, 9:00 a.m.**



Course Description

The 5-kilometer (3.1 mile) is a flat, fast loop course through residential neighborhoods, starting and finishing at the Irondequoit United Church of Christ, 644 Titus Avenue.

Entry Fee and Awards

\$20 pre-registration postmarked by May 18, 2018, \$25 post-entry and on race day. T-shirts to **first 400** registrants. **Entry fee is non refundable.** Proceeds benefit the Sunset House Hospice. Awards will be presented to the overall male and female winners as well as to each 5-year age group winner from 14 and under to 80 and over.

Registration and Packet Pick Up

At the Irondequoit United Church of Christ, 644 Titus Avenue on Friday, May 25th, from 5:00 p.m. to 7:00 p.m. and on race day from 7:00 a.m. to 8:30 a.m.

Parking

Limited parking at Irondequoit United Church of Christ. Additional parking within walking distance.



This year the Sunset House 5K has been selected as part of the 2018 Rochester Runner of the Year Series.

OFFICIAL RACE ENTRY FORM

Enter all information below, including shirt size, and **sign waiver, which is required to participate.**

Name _____ Age _____ Male Female

USATF Member # if applicable: _____

Address _____ City/State/ ZIP _____

Date _____ Email address: _____

I am registering for the: 5K Run 5K Fitness Walk

Shirt Size: S M L XL 2XL **ENTRY FEE ENCLOSED: \$ _____**

I would like to make an additional tax-deductible donation to Sunset House in the amount of \$ _____

Mail Entry To: Sunset House 5K, 3746 St Paul Blvd, Rochester, NY 14617

Make checks payable to: *Sunset House 5k*

E-mail for more information: *brooksc@rochester.rr.com or patti22@frontiernet.net*

Official race website: *www.sunsethouse.info*

**PLEASE READ RACE WAIVER AND RETURN WITH ENTRY FORM
WAIVER MUST BE SIGNED TO PARTICIPATE!**